



A STATE OF BEEING

BEELEIVING. BEECOMING. BEELONGING.

AWHONN-UT 2026 Annual Conference

SEPTEMBER 10TH-11TH

SALT LAKE CITY, UTAH



[REGISTER HERE](#)



AWHONN

UTAH

PROMOTING THE HEALTH OF
WOMEN AND NEWBORNS

Participant Brochure

SEPTEMBER 10TH-11TH
SALT LAKE CITY, UTAH

A STATE OF BEEING

BEELEIVING. BEECOMING. BEELEONGING.

Come Beee!

Join us in our STATE OF BEEING as we celebrate the invaluable influence of nurses in perinatal health. This inspiring & empowering TWO-DAY conference has been designed specifically for YOU – to equip, restore, excite, & polish you “professional-BEE” & “personal-BEE!”

This conference will feature engaging sessions with nationally recognized speakers, specialty specific tracks, interactive presentations, & discussions on current research, innovative practices, professional development, & personal “well-BEEing.” You will have the opportunity to connect with fellow professionals, gain new skills & insights, & leave feeling recharged, knowledgeable, confident, & loved.

You take care of families on the daily, COME take a couple of days away to “just BEE,” & let us take care of YOU!



What's the BUZZ about?

B E E L I E V I N G . B E E C O M I N G . B E E L O N G I N G .

- **FREE BONUS PRE-CON EVENT INCLUDED WITH ALL REGISTRATIONS!**
 - TWO Specialty Specific Sessions: L&D Track or MB/NICU Track - You choose where you want to “BEE!”
- **ENGAGING & INSPIRING SPEAKERS**
 - Topics & speakers have been selected to bring YOU up-to-date on the latest evidence & empower YOU to practice at the top of YOUR scope & “BEE” your best!
- **AN INTERACTIVE SELF-CARE SESSION: “JUST BEE!”**
 - Take a moment to celebrate your own “BEEing” with prenatal yoga, self-recognition, connection with others, & “BEE-UTAH-ful BEEing” gift bags



- **NURSING EXCELLENCE RECOGNITION AWARDS**
 - Nominate & recognize your colleagues “BEEing” Excellent in Practice, Leadership, & Education
- **NEW CONFERENCE T-SHIRTS AVAILABLE FOR PRE-ORDER & PURCHASE**

What's the BUZZ about?

BEELEIVING. BEECOMING. BEELONGING.

- **MORE RAFFLE PRIZES THAN EVER BEFORE**

- Everyone loves to “BEE” the winner! Last year, we gave 50+ donated raffle prizes away & we are ready to do it again!

- **DIAPER DRIVE FOR LOCAL UTAH FAMILIES**

- Give back with The Utah Food Bank Diaper Program to help families in need

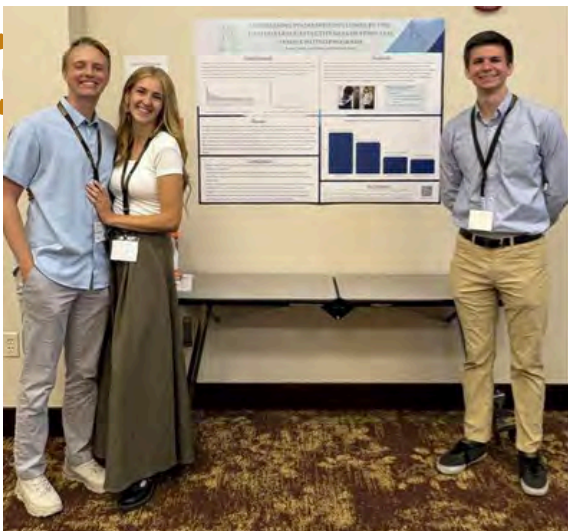


- **NURSING STUDENT CONFERENCE SCHOLARSHIPS**

- Please encourage all undergraduate nursing students to apply & experience the AWHONN-UT “hive’s” hospitality!

- **2ND ANNUAL POSTER SESSION**

- “BEE Scholar-bee!” Gain experience sharing & presenting your work while learning from others doing the same



- **BUFFET MEALS**

- Let’s “BEE” honest, everyone loves good eats prepared for them!

- **CONTACT HOURS**

- Earn professional development hours to maintain certifications or licensure

- **EXHIBIT EXPLORATION**

- Mingle with vendors to see the latest & greatest products

- **MORE CONNECTION & FUNCTIONALITY**

- We’ll be using a NEW AWHONN Events app

Conference Speakers



MANDY CHRISTENSEN



BREANNE CLINGER



CYNDY KRENING



DEBBIE KETCHEM



TORRI METZ



KELLI LUND



ANNIE HATCH



JESSICA COMSTOCK



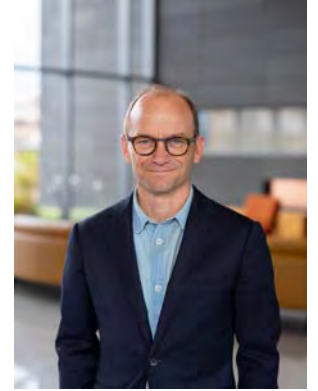
LEAH MOSES



ELIZABETH KIRTS



KATIE RUSTICI



PETER LINDGREN



ANN BRUNO



LAUREN BARLOW



ALEXANDRA ELLER



Conference Agenda

Thursday, September 10th

*Schedule times & speakers subject to change

Thursday Pre-Con Session

1030		Pre-Con Registration Check-in
1100-1215	TBA	MB/NICU: TBA
	Alexandra Eller	L&D: Fetal Monitoring/ Understanding & Promoting Placental Perfusion During Labor
1215		Lunch, Registration Check-in, Exhibit Hall Open *boxed lunch available for pre-purchase only with registration

Thursday Afternoon Session

1300	AWHONN-UT	Session Welcome
1310	Kelli Lund	HIE: Prevention, Recognition & Treatment
1405	Katie Rustici	Perimenopause
1500		Break
1510	Peter Lindgren	MB/NICU: To Poke or Not to Poke: What Does Science Say?
	Torri Metz	L&D: Optimizing & Supporting TOLAC in Urban & Rural Environments
1630		Adjourn

Conference Agenda

Thursday, September 10th

*Schedule times & speakers subject to change

Thursday Evening Session

1630-1730		Exhibit Hall Grand Opening & Poster Session
1730		Dinner Buffet
1745	AWHONN- UT	Session Welcome
1800	Ann Bruno	In Focus: Cardiac Conditions of Pregnancy
1855	Annie Hatch/ UWNQC	The Heart of the Matter: Updates, Opportunities, & Resources for Cardiac Conditions of Pregnancy in Utah
1920		Break
1930	Lauren Barlow	The Pelvic Floor: What Nurses Need to Know
2025	AWHONN- UT	Closing Remarks
2030		Adjourn



Conference Agenda

Friday, September 11th

*Schedule times & speakers subject to change

Friday Morning Session

0715		Participant check-in, Continental Breakfast, Exhibit Hall Open
0800	AWHONN- UT	Session Welcome
0810	Debbie Ketchum	Leading with Heart
0905	Cyndy Krening	Sepsis: BEE Ready!
1010		Exhibit Hall Exploration (Group 1)
	AWHONN- UT & Destiny Lake	Interactive Self-care Session: "Just BEE" Including Prenatal Yoga & More! (Group 2)
1050		Exhibit Hall Exploration (Group 2)
	AWHONN- UT & Destiny Lake	Interactive Self-care Session: "Just BEE" Including Prenatal Yoga & More! (Group 1)
1130	Elizabeth Kirts	MB & NICU: BEE Aware: Facts About Recent Trends in Antenatal Milk Expression & Flange Sizing
	Leah Moses	L&D: Waterbirth: BEElieving the Evidence, BEEcoming Skilled & Embracing Alternatives BEElonging in Physiologic Birth
1230		Lunch Buffet & Program

Conference Agenda

Friday, September 11th

*Schedule times & speakers subject to change

Friday Afternoon Session

1330	Breanne Clinger	MB & NICU: Protecting the Queen: Navigating Sticky Situations & Building Confidence in Late PPH
	Cyndy Krening	L&D: Category II Tracing Action Plans
1425		Transfer/Break
1435	Jessica Comstock	BEEing There for Families: Understanding Fetal Autopsy
1530	Mandy Christensen	The BUZZ About Birth Trauma: What Actually Makes a Difference at the Bedside
1625	AWHONN-UT	Closing Remarks
1630		Adjourn



Professional Development

POSTER SESSION

AWHONN-UT is hosting its 2nd Annual Poster Session. This is a non-peer reviewed opportunity to showcase & share your amazing work!

Poster submissions can be made in four categories:

SUBMIT POSTERS



OR



- Leadership
- Education
- Research
- Practice



All accepted poster presenters will be entered into a raffle for MORE PRIZES! CERTIFICATES will be awarded for the top poster in each category by expert & audience vote!

POSTER SUBMISSIONS MUST BE RECEIVED PRIOR TO JULY 1, 2026.

ACCEPTED PRESENTERS will be notified via email by AUGUST 1, 2026.

Preference for Student Nurse Conference Scholarships is given for Poster Presenters!

CONTACT HOURS

This activity will be submitted to the International Childbirth Education Association & Colorado Nurses Association for approval to award contact hours. The Colorado Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Contact hours are an approximation pending approval. To obtain contact hours, attendance & evaluation completion is required.

Full Conference: 11.75 hrs

Full Conference + Poster Session: 12.25 hrs

Full Conference + Poster Session + BONUS Pre-Con: 13.5 hrs

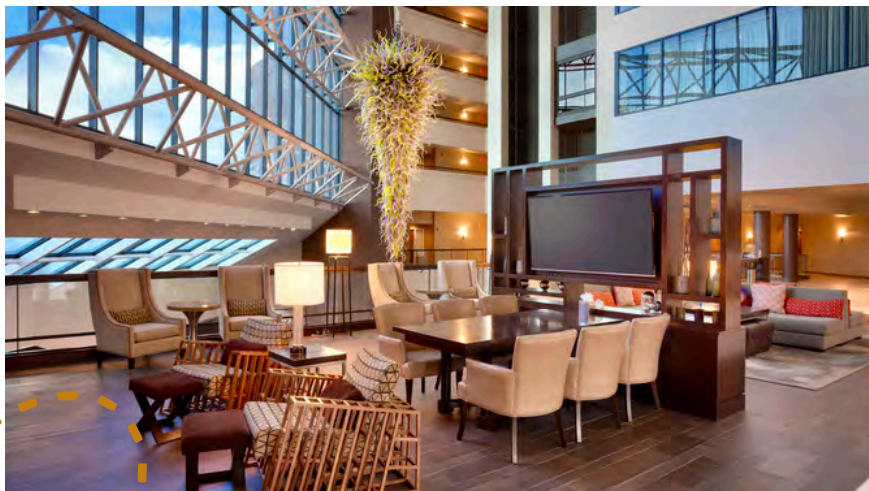
Partial credit may be given for single session attendance:

- BONUS Pre-Cons: +1.25 hrs EXTRA
- THURSDAY SESSION: 5.75 hrs
- FRIDAY SESSION: 6 hrs
- POSTER SESSION: .5hrs



VENUE Information

The AWHONN-UT 2026 Conference will be held at the Salt Lake City Marriott University Park Hotel, 480 Wakara Way, Salt Lake City, UT 84108.



Parking

COMPLEMENTARY onsite parking is included with registration for conference hotel guests & attendees. Instructions will be provided in the Conference Reminder email sent early September.



HOTEL ACCOMMODATIONS

Stay at the Hive!

We have secured an onsite AWHONN-UT room block at the University Park Marriott Hotel at a discounted conference rate of \$172/night + taxes/fees. Book by AUGUST 19TH to get this rate! The room block sells out fast, so book early.

Book your stay via the following Link, QR Code, or by calling the Marriott at 1-800-228-9290 & referencing the AWHONN-UT room block.

AWHONN-UT 2026 ROOM RESERVATIONS



Room Reservations



Registration

There's no better place to BEE!

ALL Women & Newborn Health workers (ie. Nurses, Midwives, Doulas, Physicians, Lactation Consultants, Childbirth Educators, etc.) & students are invited to attend! We are proud to present the highest quality conference at the most accessible price point.

Thursday registration includes:

- Buffet dinner & gratuity
- Professional development contact hours
- Digital presentation handouts
- Swag bag

A Thursday boxed lunch can be purchased for an additional \$25 upon registration

Friday registration includes:

- BOTH continental breakfast & buffet lunch, including gratuity
- Professional development contact hours
- Digital presentation handouts
- Swag bag
- "BEE-UTAH-FUL BEEing" gift bag

FULL Conference Registration includes ALL of the above!

- You will be required to sign in or create a login/account to purchase registration
- You will select your specialty specific session for Thursday upon registration
- Member Registration Pricing is for CURRENT AWHONN members only
- General Registration Pricing is available for prospective members & all other professionals

Don't BEE missing out!!

REGISTRATION IS REQUIRED FOR THE FREE BONUS PRE-CON EVENTS

Register Early!

Capacity is limited & WILL SELL OUT!

To Register:

[CLICK HERE](#)

OR

SCAN HERE!



Registration

Promotions sweet as honey!!

EXTENDED EARLY BIRD REGISTRATION RATE FOR GROUPS OF 15+

Email awhonn.ut.reg@gmail.com to receive a group registration form & invoice.

"BEE"-RING A FRIEND RAFFLE

Receive raffle tickets for EACH friend who registers!

1 friend = 1 raffle ticket

Remember to list your friend's name when registering



"BEE" YOUR SELFIE & SHARE

1. Share the BUZZ! Print & place a copy of the conference flyer (pg. 19) at your workplace
2. Take a selfie with the posted flyer
3. Email your selfie, name, & workplace to awhonn.ut.reg@gmail.com

You'll be entered into the "BEE" Your Selfie & Share Raffle!

Scholarship Recipients will receive ONE FULL CONFERENCE STUDENT REGISTRATION.



NURSING STUDENTS APPLY HERE

Applications MUST BE SUBMITTED PRIOR TO AUGUST 1, 2026 for consideration.

NURSING STUDENT "BEE" SMART CONFERENCE SCHOLARSHIP

The Scholarship is intended to increase Conference access for student nurses seeking professional mentorship, striving to enrich their education, & desiring to improve perinatal & neonatal health

Eligibility:

- Currently enrolled in & completing an undergraduate nursing program
- Passionate about improving care for women & newborns
- Preference will be given to applicants submitting posters

Registration

Scan HERE to register



Click HERE to Register!

Please BEE Our Guest!

CONFERENCE PRICING

MEMBER



GENERAL



STUDENT



EARLY BIRD	
FULL Conference	\$150
Thursday ONLY	\$90
Friday ONLY	\$90
AFTER JUNE 14TH	
FULL Conference	\$190
Thursday ONLY	\$110
Friday ONLY	\$110

EARLY BIRD	
FULL Conference	\$200
Thursday ONLY	\$115
Friday ONLY	\$115
AFTER JUNE 14TH	
FULL Conference	\$240
Thursday ONLY	\$135
Friday ONLY	\$135

EARLY BIRD	
FULL Conference	\$120
Thursday ONLY	\$65
Friday ONLY	\$65
AFTER JUNE 14TH	
FULL Conference	\$120
Thursday ONLY	\$65
Friday ONLY	\$65

REGISTRATION CLOSES SEPTEMBER 6, 2026 OR WHEN SOLD OUT!

*A FULL REFUND is available upon request during Early Bird Registration by contacting awhonn.ut.reg@gmail.com before JUNE 14th. After June 14th, a 50% refund is available. No refunds will be issued after September 1st.

Nominate
a colleague
Today!

Recognition

AWHONN-UT 2026 NURSING EXCELLENCE AWARDS

Way to BEE!

The AWHONN-UT 2026 Nursing Excellence Awards will be presented at the conference, honoring those in our local community making significant contributions to maternal-newborn health in one of the following areas:

- PRACTICE
- EDUCATION
- LEADERSHIP

Candidates demonstrate excellence through modeling professional behavior, “BEE”ing visionary in the delivery of care, inspiring excellence in others & passionately advocating for the health promotion of women & newborns.

Recipients are honored during the Lunch Program on Friday, September 11th with a:

- CUSTOM PLAQUE
- CERTIFICATE
- SPONSORED MONETARY AWARD

BEE Recognized!

To nominate, please complete the form & upload one letter of support from an additional person.

Nominations MUST BE SUBMITTED PRIOR TO

AUGUST 1, 2026

for consideration.

SUBMIT NOMINATIONS HERE

Questions? Email tiffany.hanson@imail.org

OR SCAN TO NOMINATE



T-shirts

Only

\$17

AWHONN-UT 2026

BEElong & Represent With us!

ORDER YOURS TO SHOW YOUR SECTION SPIRIT AT THE CONFERENCE & AFTER!

AWHONN-UT 2026 Conference T-shirts are available for *Pre-purchase* via the registration website before August 15th. Buy yours with registration & secure your size! A limited number of shirts will be available for purchase at the conference.

- Pre-purchased T-shirts can be picked up at conference check-in.
- All participants are invited to wear their Conference T-shirt on Friday!
- Conference T-shirts showcase the AWHONN-UT logo, conference theme, & graphic.
- Sizes XS, S, M, L, XL, & XXL available.
- All T-shirts are priced \$17



Giving Back

Thank you for BEEing so generous



UTAH
FOOD
BANK

DIAPER DRIVE FOR THE UFB DIAPER PROGRAM

Once again, we want to encourage caring for both the community & the caregiver. We'll be hosting a diaper drive for the Utah Food Bank Diaper Program. Diapers are so needed. Safety-net programs, such as the Food Stamp Program & WIC, do not cover the cost of diapers. An adequate supply of diapers can cost over \$100 per month.

- For every 25 diapers or \$10 donated, you will be given a raffle ticket. Raffle winners will be awarded prizes during lunch!

Please consider donating by:

- Adding a contribution at time of online conference registration
- Bringing diapers to the conference
- Sharing via Venmo to the UFB Diaper Program at the conference.



SPONSOR A NURSING STUDENT CONFERENCE SCHOLARSHIP

Give back to the next generation of nurses by sponsoring conference registration for an undergraduate nursing student. A student's full conference registration can be donated upon registration for \$120.

DONATE TO AWHONN'S EVERY WOMAN EVERY BABY FOUNDATION

Contributions to Every Woman Every Baby support lifelong learning for nurses, research that improves nursing practice & patient care, & education that informs women & their families. Donations made at the conference will qualify for entry to win raffle prizes!





Final Notes

For more information, visit our website [HERE](#)

or email us at awhonn.ut@gmail.com

Follow us on social media (Instagram & Facebook) for AWHONN-UT section & conference updates.



@AWHONN.UT



UTAH AWHONN SECTION
GROUP



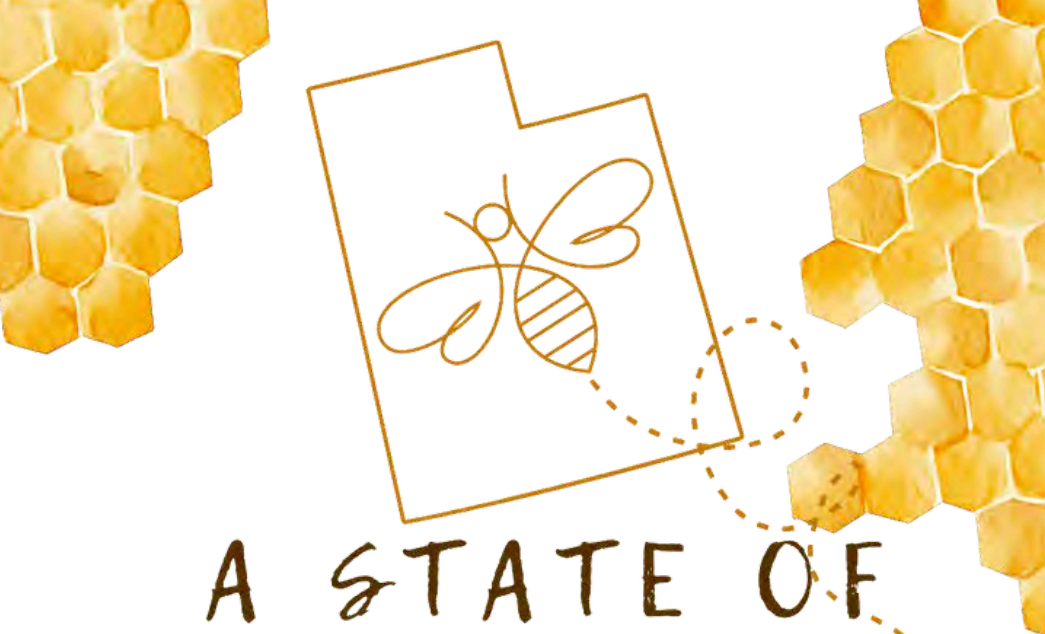
The AWHONN Code of Conduct for In-person & Virtual Events can be found [HERE](#).

WE LOOK FORWARD TO WELCOMING
& HOSTING YOU IN SEPTEMBER!
BEE seeing you soon.

The AWHONN-UT 2026 Conference Planning
Committee & Community Representatives



- Heidi Winn, Utah Section Chair, Speakers Committee, Accreditation
- Kayla Agustin, Utah Section Secretary/Treasurer, Speakers Committee, Participant Registration
- Mykel LeCheminant, Conference Planning Committee Chair, Speakers Committee, Graphics
- Lizzy Hoffmann, Exhibit Chair
- Andrea Thedell, Exhibit Assistant
- Tiffany Hanson, Recognition Chair
- Elizabeth Kirts, Speakers Committee, Accreditation
- Shelly Reed, Speakers Committee, Poster Session Co-Chair, Student Outreach & Engagement
- Cheryl Corbett, Poster Session Co-Chair, Student Outreach & Engagement
- Vicki Alder, Diaper Drive Coordinator
- Michele Eldredge, Utah Section Website Manager
- Hannah Loutensock, Social Media Chair
- Aubrey Smedley, Community Engagement Chair
- Kaylin Conant, Appreciation Chair
- Olivia Black, Every Woman Every Baby Foundation Coordinator, Speakers Committee
- Natalie Hughes, Conference Merchandise Coordinator
- Tammy West, Planning Committee Member
- Cyndie Bray, Planning Committee Member



A STATE OF BEEING

BEELIEVING. BEECOMING. BEELONGING.



BEEING YOUR BEST YOU!

THIS CONFERENCE IS DESIGNED TO EQUIP, RESTORE, & EXCITE YOU "PROFESSIONAL-BEE" & "PERSONAL-BEE!"

JOIN US FOR:

- A FREE BONUS PRE-CON EVENT INCLUDED WITH ALL REGISTRATIONS!
- SPEAKERS INCLUDING: DEBBIE KETCHEM, CYNDY KRENING, PETER LINDGREN, ANN BRUNO, LAUREN BARLOW, TORRI METZ, KATIE RUSTICI, ALEXANDRA ELLER, LEAH MOSES, KELLI LUND, JESSICA COMSTOCK, LIZ KIRTS, MANDY CHRISTENSEN, & MORE!
- PRIZES & "BEE-UTAH-FUL" GIFT BAGS
- RECOGNITION AWARDS
- BUFFET MEALS
- JUST "BEE" PRENATAL YOGA SESSION
- POSTER SESSION
- EXHIBIT

AWHONN-UT 2026 ANNUAL CONFERENCE

SEPTEMBER 10TH-11TH
SALT LAKE CITY, UTAH
UNIVERSITY PARK MARRIOTT



REGISTER HERE

Nominate a Nurse
BEEing Excellent HERE



SUBMIT A POSTER HERE



FUEL YOUR PASSION.
GROW YOUR CONFIDENCE.
CULTIVATE CONNECTIONS.
INFORM YOUR PRACTICE.

FEEL THE LOVE & *BEE there!*



AWHONN
UTAH
PROMOTING THE HEALTH OF
WOMEN AND NEWBORNS

13+ CONTACT HRS AVAILABLE OVER TWO FULL DAYS

Contact hours are an approximation pending approval by the International Childbirth Education Association & Colorado Nurses Association