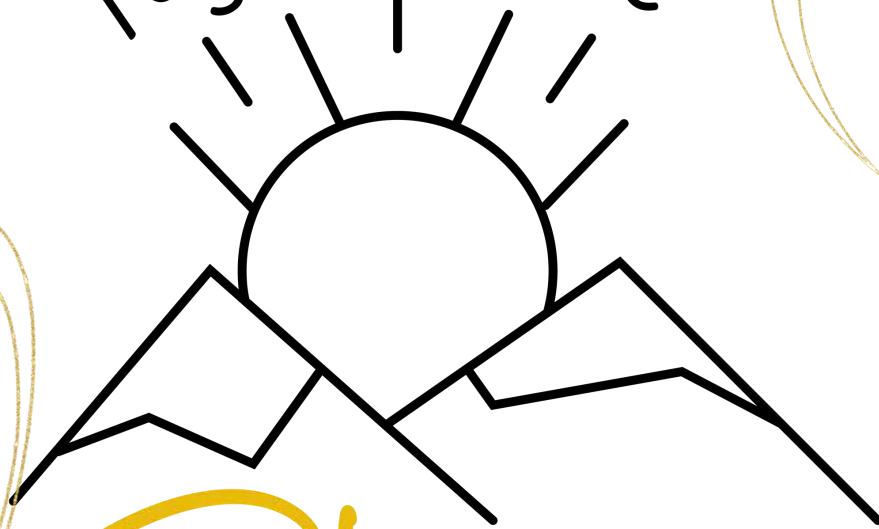


Together We



Shine

Collaborative Approaches  
to Perinatal Health

AWHONN-UT 2025

Annual Conference

PRELIMINARY PARTICIPANT BROCHURE

EXPLORE THE  
CONFERENCE  
WEBSITE [HERE](#)



[REGISTER HERE](#)



AWHONN

UTAH

PROMOTING THE HEALTH OF  
WOMEN AND NEWBORNS

September 25th - 26th, 2025  
Salt Lake City, UT

TOGETHER WE *Shine*

Join us as we gather to celebrate the invaluable influence of nurses in Perinatal Health. This inspiring and empowering **TWO-DAY** conference has been designed specifically for **YOU** – to equip, restore, excite, & polish you professionally & personally!

This conference will feature engaging sessions with nationally recognized speakers, hands-on workshops, and discussions on current research, innovative practices, professional development, and personal well-being. You will have the opportunity to connect with fellow professionals, gain new skills and insights, and leave feeling recharged, knowledgeable, confident, loved, and ready to *Shine* brighter than ever before!

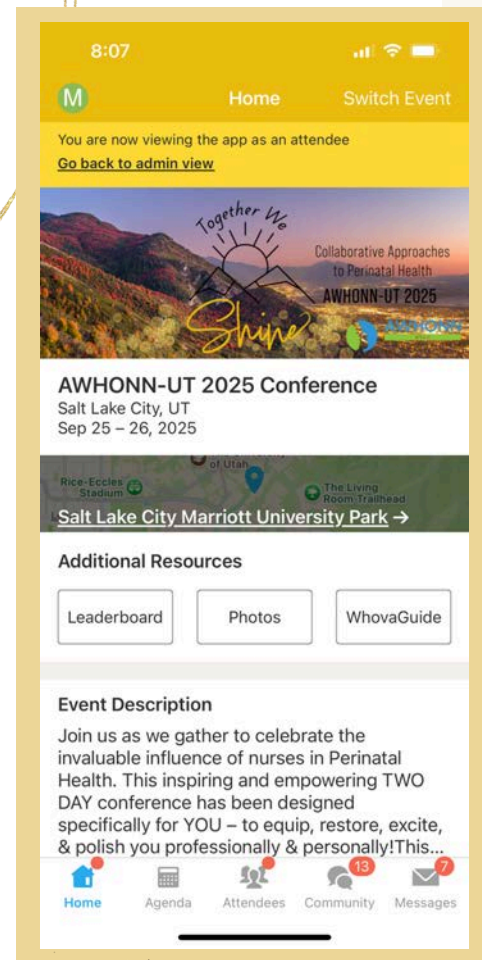
You take care of families on the daily, COME take a couple of days away, and **let us take care of YOU!**





# What's New?

- **FREE Bonus PRE-CON EVENT** included with ALL registrations! Level-Up your understanding and proficiency in Newborn Resuscitation.
- **Specialty Specific Concurrent Sessions**
- **A TIME OUT for YOU!** *Breathe in the Sunshine* workshop including Laugh Yoga & gift bags
- **A Poster Session**
- Added connection & functionality via the **WHOVA conference app**
- **Rural Nursing Travel Sponsorships**
- **Nursing Student Conference Scholarships**
- **New Conference T-Shirts**



# Usual Highlights

- Engaging & Inspiring speakers
- **MORE Raffle prizes** than EVER before
- **Nursing Excellence Recognition Awards**
- **DIAPER DRIVE** for the Utah Diaper Bank
- Buffet meals
- Contact hours



Shine



# Conference Speakers

*Shine* **BRIGHTER & BRILLIANT!**

We are thrilled to present a relevant and engaging speaking line-up! Topics and speakers have been selected to bring YOU up-to-date on the latest evidence and empower YOU to practice at the top of YOUR scope. Speakers are leaders in our community, **SHINING, inspiring,** and **lighting the way** to improve perinatal health.



**SARAH LAVONNE**



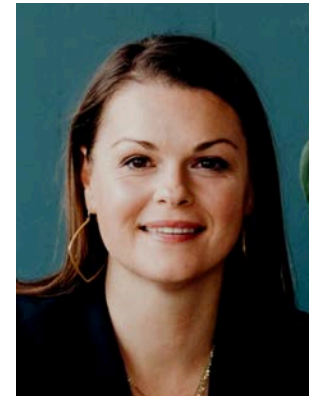
**JULIE VALENTINE**



**ERIN CLARK**



**SEAN ESPLIN**



**JEN ATKISSON**



**HILLARY MAXWELL**



**ELIZABETH KIRTS**



**DIANE PASSEY**



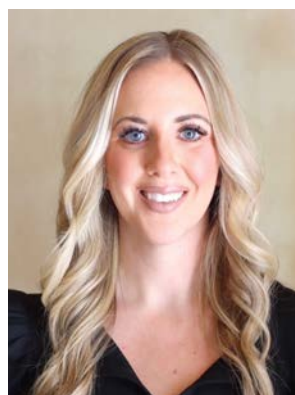
**SHAUN ODELL**



**MARCELA SMID**



**BOBBIE CARLISLE**



**HEIDI NIELSON**



**STACEY FLETCHER**

# Conference Agenda

\*Schedule times & speakers subject to change

## THURSDAY, SEPTEMBER 25th, 2025

### Featured BONUS Pre-Con

10:30 Pre-Con Registration Check-in

11:00 Pre-Con Educational Program

- **Updates & Best practices in Neonatal Resuscitation & Skills**, by *Bobbie Carlisle, MSN, RN-C*

12:15 LUNCH & Exhibit/Conference Registration Check-in  
(optional boxed lunch for purchase available with registration)

### AFTERNOON SESSION

1:00 Welcome/Educational Program

- **Collaboration with Out of Hospital Births: Updates for Safe Transfers**, by *Erin Clark, MD*
- **Caring for Expectant Families After Loss**, by *Stacey Fletcher*

3:00 Break

3:10 Concurrent Education Sessions with SEAN & SHAUN

- **L&D: Fetal Monitoring- How to Talk so Physicians will Listen**, by *Sean Esplin, MD*
- **Maternal-Newborn/NICU: Topic TBD**, by *Shaun Odell, MD*

4:30 Adjourn

4:30 **Exhibit Grand Opening**/Poster Session

5:30 DINNER BUFFET

### EVENING SESSION

5:45 Welcome/Educational Program

- **Proud & Peaceful: Rethinking Nurse Liability**, by *Jen Atkisson, MSN, RNC-OB, CNL*
- **State of the State: Updates, Opportunities, & Resources**, by *Hillary Maxwell, BSN, RNC-EFM*

7:20 Break

7:30 Educational Program

- **The Great Pretenders: Late-Preterm Feeding & Transition**, by *Elizabeth Kirts, MPH, ICCE, IBCLC, RLC*

8:30 Adjourn

# Conference Agenda

\*Schedule times & speakers subject to change

## FRIDAY, SEPTEMBER 26th, 2025

### MORNING SESSION

7:15 Conference Registration Check-in/Exhibit  
CONTINENTAL BREAKFAST BUFFET

8:00 Welcome/Educational Program

- **Caring for Survivors of Sexual Abuse: Being & Sharing the Light**, by *Julie Valentine, PhD, RN, SANE-A, FAAN*
- **Collaboration in Care: Optimizing Resources, Affiliates, and Communication with Rural Settings**, by *Bobbie Carlise, MSN, RN-C,*

10:10 EXHIBIT GROUPS & Poster Session/**TIME OUT for YOU: *Breathe in the Sunshine Workshop!***

- Featuring Laugh Yoga with Diane Passey, LCMHC

11:30 Educational Program

- **Journey Through Birth: A Case Study Adventure from Prenatal to NICU**, by *Jen Atkisson, MSN, RNC-OB, CNL & Heidi Nielson, BSN, RNC-OB, C-EFM*

12:45 LUNCH BUFFET & PROGRAM

### AFTERNOON SESSION

1:45 Educational Program

- **Empowering Physiologic Birth: Elevating Nursing Practice for Safer Outcomes**, by *Sarah Lavonne, BSN, PHN, RNC-OB, CLEC, ICCE*
- **UPDATES in Substance Use & Implications for Maternal Newborn Care**, by *Marcela Smid, MD, MA, MS, FACOG*

4:30 Adjourn



# Professional Development

## POSTER SESSION

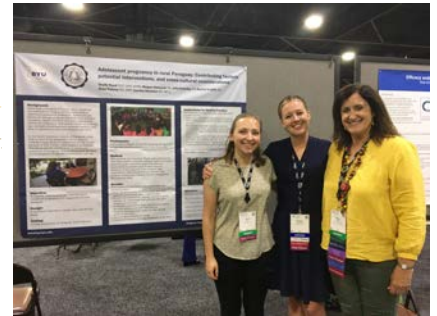
SHARE YOUR *Shine*

AWHONN-UT is hosting it's first EVER Poster Session. This is a non-peer reviewed opportunity to **showcase and share your amazing work!**

Poster submissions can be made in four categories:

- Leadership
- Education
- Research
- Practice

SUBMIT POSTERS



**All** accepted poster presenters will be entered into a raffle for **MORE PRIZES!**

**PREFERENCE FOR STUDENT NURSE CONFERENCE SCHOLARSHIPS AND RURAL NURSE TRAVEL SPONSORSHIPS WILL BE GIVEN FOR POSTER PRESENTERS WHO SUBMIT BEFORE JUNE 1ST!**

CERTIFICATES WILL BE AWARDED FOR THE TOP POSTER IN EACH CATEGORY BY BOTH EXPERT & AUDIENCE VOTE

## CONTACT HOURS

*Shine* PROFESSIONALLY!

This activity will be submitted to the International Childbirth Education Association and Colorado Nurses Association for approval to award contact hours. The Colorado Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. **Contact hours are an approximation pending approval.** To obtain contact hours, attendance and evaluation completion is required.

**Full Conference: 11.5 hrs**

**Full Conference + Poster Session: 12 hrs**

**Full Conference + Poster Session + BONUS Pre-Con: 13.25hrs**

**Partial credit may be given for single session attendance:**

- BONUS Pre-Con: +1.25 hrs EXTRA
- THURSDAY SESSION: 5.75 hrs
- FRIDAY SESSION: 5.75 hrs
- POSTER SESSION: .5hrs



# Venue Information

The AWHONN-UT 2025 Conference will be held at the **Salt Lake City Marriott University Park Hotel**, 480 Wakara Way, Salt Lake City, UT 84108.



**Parking:**  
**COMPLEMENTARY onsite parking is included with registration** for conference hotel guests and attendees. Instructions will be provided in the *Conference Reminder* email sent early September.

## HOTEL ACCOMMODATIONS

### RISE & *Shine* ON-SITE!

We have secured an onsite AWHONN-UT room block at the University Park Marriott Hotel at a **discounted conference rate of \$160/night + taxes/fees**. Book by SEPTEMBER 4TH to get this rate!

Book your stay via the following Link, QR Code, or by calling the Marriott at 1-800-228-9290 and referencing the AWHONN-UT room block.

## AWHONN-UT 2025 ROOM RESERVATIONS



Room Reservations





**CLICK HERE TO**

**REGISTER!**

# Registration

*Shine* WITH US!

ALL Women and Newborn Health workers (ie. Nurses, Midwives, Doulas, Physicians, Lactation Consultants, Childbirth Educators, etc.) and students are invited to attend! **EVERY** effort has been made to deliver the highest quality conference at the most accessible cost.

## **THURSDAY registration includes:**

- Buffet dinner & gratuity
- Continuing professional development contact hours
- Digital presentation handouts
- Swag bag

*\*A boxed lunch can be purchased for an additional \$25 upon registration\**

## **FRIDAY registration includes:**

- BOTH continental breakfast and buffet lunch, including gratuity
- Professional development contact hours
- Digital presentation handouts
- Swag bag
- *Breathe in the sunshine* grab bag

## **FULL CONFERENCE REGISTRATION INCLUDES ALL OF THE ABOVE!**

- You will be required to sign in or create a login/account to purchase registration
- You will select your specialty specific session for Thursday upon registration
- **REGISTRATION IS REQUIRED FOR THE FREE BONUS PRE-CON EVENT - DON'T MISS OUT!**
- Member Registration Pricing is for CURRENT AWHONN members only
- General Registration Pricing is available for prospective members and all other professionals



**SCAN HERE TO REGISTER**

*Register Early!*

**CAPACITY IS LIMITED AND WILL SELL OUT!**

**WE LOVE  
PRIZES!**

### **BRING A FRIEND!**

Receive raffle tickets for EACH friend who registers

**1 Friend = 1 Raffle Ticket**

Remember to list your friend's name when registering

# Registration

SCAN HERE TO REGISTER



**CLICK HERE TO**

**REGISTER!**

*Shine* WITH US!

## CONFERENCE PRICING

### MEMBER REGISTRATION

### GENERAL REGISTRATION

### STUDENT REGISTRATION

EARLY BIRD	
FULL Conference	\$150
Thursday ONLY	\$90
Friday ONLY	\$90
AFTER JUNE 15TH	
FULL Conference	\$190
Thursday ONLY	\$110
Friday ONLY	\$110

EARLY BIRD	
FULL Conference	\$200
Thursday ONLY	\$115
Friday ONLY	\$115
AFTER JUNE 15TH	
FULL Conference	\$240
Thursday ONLY	\$135
Friday ONLY	\$135

EARLY BIRD	
FULL Conference	\$120
Thursday ONLY	\$65
Friday ONLY	\$65
AFTER JUNE 15TH	
FULL Conference	\$120
Thursday ONLY	\$65
Friday ONLY	\$65

**\*A FULL REFUND is available** upon request during Early Bird Registration by contacting [awhonn.ut.reg@gmail.com](mailto:awhonn.ut.reg@gmail.com) **before JUNE 15th**. After June 15th, a 50% refund is available. No refunds will be issued after September 1st.



# TRAVEL *Shine* & BE SEEN

# NURSING STUDENT Sponsorship & Scholarship

## RURAL NURSING TRAVEL SPONSORSHIP

The AWHONN-UT 2025 Conference Rural Nursing Travel Sponsorship is intended to increase access to the AWHONN-UT 2025 Conference and ease the travel burden for rural nurses striving to improve perinatal and neonatal health in their community.

Recipients will receive **ONE NIGHT STAY** (room with two queens beds) at the University Park Marriott Hotel **September 25th-26th, 2025**.

### Eligibility:

- Currently licensed as a registered nurse
- AWHONN member
- Currently practices in a rural care environment

**NOTE: PREFERENCE WILL BE GIVEN TO APPLICANTS SUBMITTING POSTERS**

## NURSING STUDENT CONFERENCE SCHOLARSHIP

The AWHONN-UT 2025 Conference Nursing Student Scholarship is intended to increase access to the AWHONN-UT 2025 Conference for student nurses seeking professional mentorship, striving to enrich their educational experience, and desiring to improve perinatal and neonatal health in their community.

**Recipients will receive ONE FULL CONFERENCE STUDENT REGISTRATION.**

### Eligibility:

- Currently enrolled in and completing an undergraduate nursing program
- Passionate about improving care for women & newborns

**NOTE: PREFERENCE WILL BE GIVEN TO APPLICANTS SUBMITTING POSTERS**



**Apply TODAY HERE**  
or Scan QR code.

Applications MUST BE SUBMITTED PRIOR TO

**Sept. 1, 2025**

for consideration.



Applications MUST BE  
SUBMITTED PRIOR TO

**JUNE 1, 2025**

for consideration.

**Apply TODAY**  
**HERE** or Scan  
QR code.



Nominate  
TODAY

# Recognition

## AWHONN-UT 2025 NURSING EXCELLENCE AWARDS

SEE YOUR *Shine*

The 2025 Nursing Excellence Awards will be presented at the conference, honoring those in our local community making significant contributions to maternal-newborn health in one of the following areas:

- PRACTICE
- EDUCATION
- LEADERSHIP

The candidates demonstrate excellence through modeling professional behavior, being visionary in the delivery of care, inspiring excellence in others and passionately advocating for the health promotion of women and newborns.

Recipients are honored during the Lunch Program on Friday, September 26th with a:

- CUSTOM PLAQUE
- CERTIFICATE
- SPONSORED MONETARY AWARD

The nomination form can be easily submitted via the link or QR code below:



**SUBMIT NOMINATIONS HERE**

**OR SCAN TO NOMINATE!**



Nominations MUST BE  
SUBMITTED PRIOR TO

**AUGUST 1, 2025**

for consideration.

**Questions?** Email [tiffany.hanson@imail.org](mailto:tiffany.hanson@imail.org)



# T-shirts

AWHONN-UT 2025

*Shine* & REPRESENT

**ORDER YOURS & SHOW YOUR SECTION SPIRIT AT THE CONFERENCE & AFTER!**

**AWHONN-UT** Conference T-shirts are available for pre-sale purchase via the registration website.

- T-shirts can be picked up at conference registration check-in.
- All participants are invited to wear their section T on "Throwback Thursday" and their conference T on "SHOW YOUR SHINE" Friday!



## CONFERENCE T-SHIRT

- Conference T-shirts are WHITE in color and showcase the AWHONN-UT logo, conference theme, and graphic.
- XS, S, M, L, & XL available for \$17
- 2XL available for \$20



## AWHONN-UT SECTION T-SHIRT

- Section T-shirts are BLACK in color and have the AWHONN-UT logo on the front and UT graphic on the back.
- XS, S, M, L, & XL available for \$17
- 2XL available for \$20



# Giving Back

## SHARE & Shine

### DIAPER DRIVE FOR THE UTAH DIAPER BANK

Once again, we want to encourage caring for both the community AND the caregiver. We'll be hosting a diaper drive for the **Utah Diaper Bank**.

- **For every 25 diapers or \$10 donated, you will be given a raffle ticket.** Raffle winners will be awarded prizes during lunch!
- Diaper donations can be made at the conference or with online registration



**LEARN MORE ABOUT THE UTAH DIAPER BANK HERE**



Diaper Need: Safety-net programs such as the Food Stamp Program and WIC (Special Supplemental Nutrition Program for Women, Infants and Children) do not cover the cost of diapers. An adequate supply of diapers can cost over \$100 per month. Please consider donating by:

- Adding a contribution at time of online conference registration
- Bringing diapers to the conference
- Via Venmo to the Utah Diaper Bank at the conference.



# Giving Back

SHARE & *Shine*

## SPONSOR A NURSING STUDENT ATTENDEE

Give back to the next generation of nurses by sponsoring conference registration for an undergraduate nursing student. A student's full conference registration can be donated upon registration for \$120.

## DONATE TO AWHONN'S EVERY WOMAN EVERY BABY



[DONATE HERE](#)

Contributions to Every Woman Every Baby support lifelong learning for nurses, research that leads to improving nursing practice and patient care, and education and activities that provide information and resources for women and their families.

## Final Notes

*Shine* WITH US



For more information, visit our website [HERE](#) or email us at [awhonn.ut@gmail.com](mailto:awhonn.ut@gmail.com)

Follow us on social media (Instagram & Facebook) for AWHONN-UT section and conference updates.



@AWHONN.UT



UTAH AWHONN SECTION  
GROUP

The AWHONN Code of Conduct for In-person & Virtual Events can be found [HERE](#).

**WE LOOK FORWARD TO WELCOMING & HOSTING YOU IN SEPTEMBER!**

**SHINE ON!**

**THE AWHONN-UT 2025 CONFERENCE PLANNING COMMITTEE**

**Tammy West**, Utah Section Chair

**Megan Baker**, Wyoming Section Chair

**Marlene Syndergaard**, Utah Section Secretary-Treasurer

**Mykel LeCheminant**, Conference Planning

**Tiffany Hanson**, Recognition

**Kayla Agustin**, Participant Registration

**Heidi Winn**, Speakers, Accreditation

**Elizabeth Kirts**, Speakers, Accreditation

**Shelly Reed**, Speakers, Poster Session, Student Outreach & Engagement

**Cheryl Corbett**, Poster Session, Student Outreach & Engagement

**Lizzy Hoffmann**, Exhibit

**Vicki Alder**, Diaper Drive

**Michele Eldredge**, Section Website & Social Media

**Aubrey Smedley**, Community Engagement

**Kaylin Conant**, Appreciation

**Barbara Tewell**, Every Woman Every Baby Foundation

