



**AWHONN**  
UTAH  
PROMOTING THE HEALTH OF  
WOMEN AND NEWBORNS

# FREE Webinar

## Postpartum PTSD: Prevention, Identification, & Treatment

by Amy-Rose White, MSW, LCSW

Date: Wednesday May 5th, 2021

Time: 11:00-12:00

Post-Traumatic Stress Disorder (PTSD) after childbirth can stem from events before, during or after the birth experience. Births often viewed as routine by providers can be perceived as traumatic by mothers.

HOW do our actions and communication positively or negatively impact the birth experience?

HOW do we help women not just survive birth, but thrive in birth?

Explore perspectives, literature, and practice recommendations with Amy-Rose White, perinatal psychotherapist specializing in birth trauma.



Register @  
[bit.ly/2PuP5BI](https://bit.ly/2PuP5BI) before May 1st